

# About Us

# **NUH Aesthetic Plastic Surgery Centre**

The NUH Aesthetic Plastic Surgery Centre (APSC) is a comprehensive one-stop centre dedicated to providing a full range of customised aesthetics and safe medical treatments to our patients.

The field of aesthetic and plastic surgery has come a long way in recent years with safer and simpler techniques, more naturallooking results and shorter recovery time. In fact, with the ease and affordability of aesthetic treatments these days, many people are realising their dreams and making rewarding lifestyle choices through surgery.

If you are considering any form of aesthetic or plastic surgery, you are taking the first step towards making a long-term investment in yourself, and you should carefully consider the procedures that meet your needs.

Our team of experienced specialists and research professionals will ensure that all up-to-date information on new drugs, techniques and equipment are available to guide you in your choice. All our patients will receive personalised attention in a relaxed and private atmosphere.

At the NUH Aesthetic Plastic Surgery Centre, we combine professional expertise, technology, an artistic approach, sensitivity for your needs and a real passion for accentuating beauty that is as natural-looking as possible.

# **Our Services**

- Cosmetic Treatments
- Cosmetic Surgery for Medical Reasons
- Reconstructive Surgery & Medical Procedures

# **Cosmetic Treatments**

## Accentuate your inherent beauty

Combining an artist's eye and a surgeon's hand, cosmetic surgery is the art of aesthetically enhancing the physical form, restoring natural and youthful beauty. The **cosmetic treatments** available at the NUH Aesthetic Plastic Surgery Centre are:

#### **Facial Cosmetic Surgery**

Implantables to nose,

• Eyelid surgery

Injectibles

• Face lift

Laser surgery

• Facial resurfacing

Facial contouring

telangiectasia

Other Laser Procedures

Laser removal of pigmentation,

age spots and wrinkles and

Otoplasty

it oosinetie ourgery

• Nose surgery (rhinoplasty)

cheeks, chin and temples

Radiofrequency treatment

- Liposuction
  - Lipectomy (Tummy tuck)
    - Arm lifts
    - Thigh lifts
    - Radiofrequency treatment

**Body Contouring Procedures** 

- Vaser liposuction
- Breast cosmetic surgery
- Breast augmentation
- Breast lifts
- Correction of asymmetry
- Nipple reduction
- Areolar reduction

## Scar Treatment

- Removal of hypertrophic and prominent scars
- Removal of pigmented scars
- Removal of painful scars

# **Cosmetic Surgery for Medical Reasons**

## Enhance innate elegance

Sometimes cosmetic surgery is more than a process of enhancing the appearance of a patient, it is integral for improving quality of life. The **cosmetic treatments for medical reasons** available at the NUH Aesthetic Plastic Surgery Centre are:

## **Breast Surgery**

#### **Traumatic Abnormalities**

- Breast reduction
- Correction of tuberous breast
- Other breast surgery with minimised scarring
- Other Congenital Skin Abnormalities
- Vascular malformation



# **Reconstructive Surgery & Medical Procedures**

## **Restore nature's beauty**

Reconstructive surgery helps patients of all ages and conditions; from a child with congenital deformities, to anaccident victim or an older adult with problems caused by aging. The **reconstructive surgery and medical procedures** available at the NUH Aesthetic Plastic Surgery Centre are:

#### **Breast Surgery**

- Breast reconstruction
- Nipple reconstruction

#### Craniomaxillofacial Surgery

- Treatment of congenital malformations
- Treatment of facial clefts and related abnormalities
- Treatment of other congenital craniofacial abnormalities

#### **Head and Neck Reconstruction**

- Free tissue transfer and microsurgery
- Other flap reconstructions

#### **Reconstruction of Extremities**

- Free tissue transfer and microsurgery
- Other flap reconstructions

#### **Reconstruction of Trunk**

- Free tissue transfer and microsurgery
- Other flap reconstruction

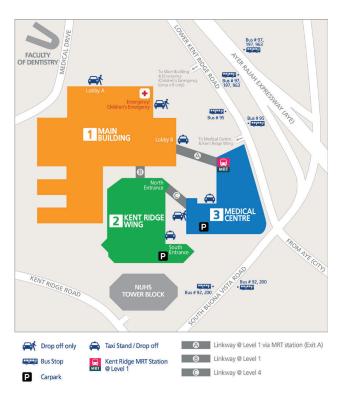
# Vascular Problems of the Lower Limb

- Treatment of varicose veins
- Treatment of symptomatic congenital vascular malformations (hemangioma) and telangiectasia

## Lymphatic Surgery

• Super-microsurgery for lymphoedema of upper limb





# Aesthetic Plastic Surgery Centre (APSC)

Kent Ridge Wing, Level 5 Zone D, D05-02

Clinic Line: (65) 6772 5083 Email: aesthetic\_plastic@nuhs.edu.sg

Opening Hours: Monday to Friday: 8.30am - 5.00pm Closed on Sat, Sun & Public Holidays



Scan to visit our website for more information

#### **Our Patient Care Institutions**

National University Hospital Na Tena Fona General Hospital & Jurong Community Hospital Alexandra Hospital National University Polyclinics Jurong Medical Centre National University Cancer Institute, Singapore National University Heart Centre, Singapore National University Centre for Oral Health, Singapore **NUHS** Diagnostics **NUHS Pharmacy** 



Scan the QR code for more information on our patient care institutions.

OneNUHS Hotline: (65) 6908 2222 OneNUHS General Enquiries: contactus@nuhs.edu.sg OneNUHS Appointments: appointment@nuhs.edu.sq www.nuhs.edu.sq

Take charge of your health and access health information and NUHS services across NUHS institutions



Download the OneNUHS App now!

The information in this brochure is meant for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment, or if you have any questions related to your health, physical fitness or medical condition.

© 2024, National University Health Services Group Pte Ltd. All rights reserved. No part of this publication may be reproduced or shared without prior permission from National University Health Services Group Pte Ltd.

Information is brought to you by the Department of Surgery, Division of Plastic, Reconstructive & Aesthetic Surgery,

Information is correct at time of printing Mar 2024 and subject to revision without prior notice.