

Hysterosalpingogram

Hysterosalpingogram (HSG) is an X-ray examination of the uterus and fallopian tubes using a low dose X-ray called fluoroscopy and contrast medium. This examination is used largely in cases of infertility to evaluate the patency of the uterine tubes. It also demonstrates any abnormalities in the uterus.

What to Expect During the Procedure

- You will be required to lie on your back on the X-ray couch with both legs bent at the knees, similar to that of a vaginal examination. Strict privacy will be observed during the procedure.
- The doctor first cleanses the vaginal area and inserts a speculum into the vagina.
- A catheter is then introduced into the cervix via the vagina and a contrast medium is instilled.
- Insertion of the speculum and catheter may cause some discomfort. The sensation during the introduction of contrast media may be comparable to menstrual cramps. You may take mild painkillers 1-2 hours before the procedure as needed.

The entire procedure takes about 45 minutes.

After the Procedure

- After the procedure, you will be given a menstrual pad to wear.
- You may experience minor bleeding, sticky discharge and pelvic cramps lasting 1 day following the investigation.
- You may be prescribed an antibiotic after the procedure in some instances.
- If you experience severe pain, fever or heavy bleeding, contact the Department of Diagnostic Imaging or go to the Emergency Department. Inform the doctor of the recent HSG examination.

Should you have any queries or require further clarifications, please contact:

National University Hospital

Department of Diagnostic Imaging

Tel: (65) 6772 2263

Fax: (65) 6779 5219

Email: DDI_enquiries@nuhs.edu.sg

Your Hysterosalpingogram Appointment

National University Hospital



Department of Diagnostic Imaging

Main Building, Level 2

Patient Particulars:

Appointment Date/Time:

Estimated Fees:

Note:

- Please do not bring valuables or excess cash with you. Patients and visitors are responsible for your personal belongings.
- No medical certificate will be issued for this appointment. Time chit will be given upon request.

Please arrive at least 15 mins before your appointment to register and prepare for the procedure.

We appreciate your understanding should an unforeseen delay occur due to medical exigencies.

Kindly inform us if you are unable to keep to the scheduled appointment.

Preparation Instructions for Patient

1. Please inform us when your menstrual period is due so that the test can be scheduled at the end of the menstrual cycle, ideally days 7-12 of the cycle.
2. The examination cannot take place when you are still bleeding. If you are still bleeding on the day of your examination, inform the radiographer in-charge or the nurse or you may call the Department of Diagnostic Imaging.
3. It is important to be sure that there is no possibility that a pregnancy is in its early stages. Please abstain from sexual intercourse from the first day of your menstrual period until after the procedure.
4. If you suspect you have a pelvic / vaginal infection before the date of the HSG, you are advised to reschedule your HSG appointment. HSG cannot be carried out if you have an active pelvic / vaginal infection.
5. You may take painkillers 1-2 hours before the procedure.
6. Please turn up punctually on the day of your appointment.
7. If you are late, a new appointment will be given but this may mean a delay of several weeks.

IMPORTANT REMINDERS

- Please inform us if you are suffering from asthma and/or allergies to any drugs and seafood.
- Please inform us if you are currently presenting with any pelvic / vaginal infection.
- Please inform us if you are allergic to latex (rubber), medications, or lotions.

Please bring this leaflet on the day of your appointment

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OneNUHS Hotline: (65) 6908 2222

OneNUHS General Enquiries: contactus@nuhs.edu.sg

OneNUHS Appointments: appointment@nuhs.edu.sg

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The information in this brochure is meant for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment, or if you have any questions related to your health, physical fitness or medical condition.

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