

Elective Egg Freezing

What is elective egg freezing (EEF)?

EEF is offered to women who wish to preserve their fertility due to age-related fertility decline. The process involves hormonal stimulation of the ovaries followed by a minor surgery called an oocyte (egg) retrieval and cryopreservation (freezing) of the collected oocytes (eggs) for future use.

Starting from 1 July 2023, women at least 21 years of age but below 38 years of age will be able to freeze their eggs for non-medical reasons. However, only legally married couples will be able to use the frozen eggs for procreation.

What tests will I need to undergo prior to egg freezing?

Our fertility specialist will meet with you for consultation and psychological counselling and arrange for you to undergo the following tests:

- Ovarian reserve testing through ultrasound and blood tests
- Reproductive hormone blood tests
- Infectious disease screening

How long will the whole process take?

The overall process, may take around three to four months and may vary depending on individual factors. The process will include:

1. Consultation and evaluation
2. EEF counselling and consent signing
3. Ovarian stimulation
4. Egg retrieval
5. Egg freezing

How do I make an appointment for EEF?

You may visit the polyclinic for a referral to our O&G Subfertility clinic. If there is a specific doctor that you wish to see, you can contact us to make an appointment as a private patient.

How much does it cost to do EEF in NUH?

The estimated cost of one cycle of egg freezing including three years of storage is S\$10,000 to S\$12,000 (inclusive of GST).

What is the minimum storage period for the eggs?

You are required to store the eggs minimally for 3 years.

Can I tap on government co-funding or Medisave to pay for EEF?

The procedure is not eligible for government co-funding or Medisave claim.

For further enquiries, please contact the Clinic for Human Reproduction:

Telephone: 6774 5336

Email: CHR@nuhs.edu.sg

National University Hospital

5 Lower Kent Ridge Road, Singapore 119074

OneNUHS Hotline: (65) 6908 2222

OneNUHS General Enquiries: contactus@nuhs.edu.sg

OneNUHS Appointments: appointment@nuhs.edu.sg

www.nuh.com.sg

The information in this brochure is meant for educational purposes and should not be used as a substitute for medical diagnosis or treatment. Please seek your doctor's advice before starting any treatment, or if you have any questions related to your health, physical fitness or medical condition.

© 2023, National University Hospital (Singapore) Pte. Ltd. All rights reserved. No part of this publication may be reproduced or shared without prior permission from National University Hospital (Singapore) Pte. Ltd..