

**ABOUT** your medicine

Chlorhexidine has antibacterial effect. It can help inhibit dental plaque formation. It helps in the treatment and prevention of inflammation of the gums (gingivitis), mouth ulcer and minor oral infection. Used regularly, it maintains oral hygiene, keeping the breath fresh and smelling good.

**PATIENT INFORMATION LEAFLET****CHLORHEXIDINE MOUTHWASH****HOW** should I take the medicine?

Your doctor will tell you how much and how often you should use this medicine. This medicine should be used after you have brushed and flossed your teeth.

- Measure out 10-15 millilitres.
- Swish the solution in your mouth for at least 30 seconds.
- Do not swallow chlorhexidine; spit it out after rinsing your mouth.
- This medicine is usually used twice a day.
- Do not mix it with water or other fluids.

After you use this medicine, wait several hours (about 2-3 hours) before eating or drinking.

**What should I do if I FORGET** a dose?

If you miss a dose, use as soon as possible except when it is close to the time for your next dose. If it is almost time for the next dose, skip the missed dose and return to the usual time to use the medicine. You should not use two doses at the same time.

What are the possible **SIDE-EFFECTS** of the medicine?

- Irritation of the mouth and tongue (if this happens, dilute with equal volume of water before rinsing).
- Bad taste in your mouth.
- Stained tongue, teeth, tooth fillings, and dentures (may be prevented by daily brushing of teeth).
- Dulling of taste sensation for several hours.

What **PRECAUTIONS** should I take?

- Be sure to tell your doctor if you are pregnant or breast-feeding.
- You should not use this product longer than your doctor orders.
- This medicine may discolour your teeth a yellow-brown colour. This is normal and can be removed with professional cleaning.
- Do not swallow.
- Do not use in case of known hypersensitivity to chlorhexidine.

How should **I STORE** the medicine?

Store away from heat and direct light.

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Information is correct at time of printing and subject to revision without prior notice.

Keep all medication out of reach of children

Discard all medication that has expired or is no longer required