

PATIENT INFORMATION LEAFLET

INCONTINENCE MEDICATIONS

**Flavoxate
Oxybutynin
Tolterodine**

ABOUT your medicine

Flavoxate, Oxybutynin and Tolterodine are medicines used to manage urinary frequency, urgency or incontinence. Flavoxate can be used for bladder spasms due to catheterisation.

HOW should I take the medicine?

Your doctor will determine the amount of medicine you should take based on the severity of your condition. Take this medicine in the dose prescribed by your doctor.

What should I do if **I FORGET** a dose?

If you miss a dose or forget to take your medicine, take it as soon as you can. However, if it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not double your dose or take extra medicine to make up for a missed dose. If you have missed several doses, please call your physician to check what you should do.

What are the possible **SIDE-EFFECTS** of the medicine?

The common side-effects associated with these medications are dry mouth, constipation, nausea and vomiting, blurred vision, drowsiness and dizziness.

To relieve dry mouth, you may suck ice chips or sugarless candy.

What **PRECAUTIONS** should I take?

Inform your doctor and pharmacist if you have other medical condition such as heart failure, glaucoma and severe colitis.

Inform your doctor and pharmacist if you are already taking some other medicines, herbal preparations, nutritional products or vitamin supplements.

You must tell your doctor if you are allergic to any other medicines, or if you develop an allergy while taking this medicine. The symptoms of a drug allergy include one or more of the following: swollen face/eyes/lips, difficulty in breathing or widespread itchy skin rashes.

Be cautious when driving or operating machinery as these medications may cause drowsiness and blurred vision. Avoid alcohol and other medications that may reduce alertness.

Inform your doctor if you are breast-feeding, pregnant or likely to become pregnant during the course of the treatment.

How should **I STORE** the medicine?

Store the medicine in a dry place at room temperature, away from heat and direct light. Do not refrigerate your medicines unless instructed to do so.

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The information provided in this publication is meant purely for educational purposes and may not be used as a substitute for medical diagnosis or treatment. You should seek the advice of your doctor or a qualified healthcare provider before starting any treatment or if you have any questions related to your health, physical fitness or medical conditions.

Information is correct at time of printing and subject to revision without prior notice.

Keep all medication out of reach of children

Discard all medication that has expired or is no longer required