

Your guide to your medication:

Moclobemide

The information provided in this publication is meant purely for educational purposes and may not be used as a substitute for medical diagnosis or treatment. You should seek the advice of your doctor or a qualified healthcare provider before starting any treatment or if you have any questions related to your health, physical fitness or medical conditions.

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Moclobemide

- Moclobemide is used to treat symptoms of low mood.

Before using this medicine

- Inform your doctor if you have high blood pressure, thyroid or liver disease, or drug allergies.

How this medicine should be administered

- Follow the directions on your medicine label or take as directed by your doctor. Continue to take the medicine regularly and do not stop taking it without checking with your doctor. This medicine must be taken regularly for a few weeks before it can fully take effect.
- Take this medicine after food.

Precautions while taking this medicine

- Moclobemide may cause reactions, such as a sudden rise in blood pressure, when taken with certain medicines. To avoid such reactions, do not take any other medicines, especially those for cold, cough and appetite control, without consulting a doctor or pharmacist.
- Inform your doctors, pharmacists, and other healthcare providers about all the medicines and natural remedies that you are taking.
- There may be some unexpected changes in your mental condition, especially at the beginning (first few weeks) of your treatment and when there are adjustments made to your prescribed dose. Inform your doctor immediately if you experience changes in your mood and behaviour, as well as when you have new or worsening symptoms including thoughts of harming yourself, anxiety, restlessness, and violent behaviour.

Possible common side effects (generally affects up to 10 % of the patients)

Similar to all medications, Moclobemide may cause some possible side effects in some people. Inform your doctor or pharmacist should these side effects become too bothersome.

- Dry mouth
- Dizziness or light-headedness
- Insomnia
- Nausea, stomach discomfort or indigestion
- Nervousness
- Slight headache

For urgent medical attention

Consult your doctor as soon as possible if you have any of the following symptoms:

- Allergic reaction: skin rash or itch, difficulty in breathing, or swelling of the face, lips or other parts of the body
- Severe throbbing headache which starts at the back of the head and radiates forward
- Stiff neck
- Fast or irregular heartbeat
- Confusion

If you have any concerns about your medication, please consult your doctor or pharmacist.