

PATIENT INFORMATION LEAFLET

NITROFURANTOIN

ABOUT your medicine

Nitrofurantoin is an antibiotic used to prevent and treat urinary tract infections.

HOW should I take the medicine?

Your doctor will determine the amount of medicine you should take based on the severity of your condition.

Nitrofurantoin is best taken with food or milk. This may lessen stomach upset and help your body to better absorb the medicine.

Keep taking this medicine for the full time of treatment even if you begin to feel better after a few days.

Do not take with antacids as it may decrease the absorption of Nitrofurantoin.

What should I do if **I FORGET** a dose?

If you miss a dose or forget to take your medicine, take it as soon as you can. However, if it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not double your dose or take extra medicine to make up for a missed dose. If you have missed several doses, please call your physician to check what you should do.

What are the possible **SIDE-EFFECTS** of the medicine?

Changes in facial skin colour, chest pain, chills, cough, fever and general feeling of discomfort or illness, hoarseness, itching, joint or muscle pain, shortness of breath, skin rash, sudden trouble in swallowing or breathing, swelling of face, mouth, hands or feet and troubled breathing may occur. If these happen, check with your doctor immediately.

Nausea, diarrhoea and flatulence may occur. The medicine may cause urine to become rust-yellow in colour. These side-effects usually do not require medical attention.

The medicine may also cause a temporary loss of hair in some people.

What **PRECAUTIONS** should I take?

Inform your doctor if

- you have any medical condition such as G6PD deficiency and kidney impairment.
- you are diabetic. This medicine may cause false test results with some urine sugar tests. Check with your doctor before changing your diet or dosage of your diabetes medicine.
- you are already taking some other medicines, herbal preparations, nutritional products or vitamin supplements.
- you are allergic to any other medicines, or if you develop an allergy while taking this medicine. The symptoms of a drug allergy include one or more of the following: swollen face/eyes/lips, difficulty in breathing or widespread itchy skin rashes.
- your symptoms do not improve within a few days or if they become worse.
- you are breast-feeding, pregnant or likely to become pregnant during the course of this treatment.

How should I **STORE** the medicine?

Store the medicine in a dry place at room temperature, away from heat and direct light. Do not refrigerate your medicines unless instructed to do so.

Keep all medication out of reach of children

National University Hospital

5 Lower Kent Ridge Road, Singapore 119074

Tel: (65) 6779 5555 Fax: (65) 6779 5678

Website: www.nuh.com.sg

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The information provided in this publication is meant purely for educational purposes and may not be used as a substitute for medical diagnosis or treatment. You should seek the advice of your doctor or a qualified healthcare provider before starting any treatment or if you have any questions related to your health, physical fitness or medical conditions.

Information is correct at time of printing and subject to revision without prior notice.

Discard all medication that has expired or is no longer required