

PATIENT INFORMATION LEAFLET

PYRIDOSTIGMINE

ABOUT your medicine

This medicine is taken to treat the symptoms of myasthenia gravis, a disease that causes muscle weakness. It is not a cure for this disease.

HOW should I take the medicine?

Your doctor will determine the amount of medicine you should take based on the severity of your condition. Take this medicine in the dose prescribed by your doctor.

When you first begin taking this medicine, your doctor may want you to keep a daily record of

- the time you take each dose.
- how long you feel better after taking each dose.
- how long you feel worse.
- any side-effects that occur.

This is to help your doctor decide whether the dose of this medicine should be increased or decreased and how often the medicine should be taken in order for it to be most effective for your condition.

Taking the medicine with meals may help to reduce side-effects.

What should I do if **I FORGET** a dose?

If you miss a dose or forget to take your medicine, take it as soon as you can. However, if it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not double your dose or take extra medicine to make up for a missed dose. If you have missed several doses, please call your physician to check what you should do.

What are the possible **SIDE-EFFECTS** of the medicine?

This medication may cause blurred vision, stomach upset, diarrhoea, headache, sweating, flushing, muscle twitching or increased tears and saliva. These side-effects should decrease as your body adjusts to the medication. If they continue or become bothersome, inform your doctor.

Notify your doctor if you develop these side-effects: an abnormal heart rate, fainting, skin rash, hair loss, severe diarrhoea, extreme muscle weakness, trouble breathing or swallowing, difficulty urinating, trouble speaking or confusion.

What **PRECAUTIONS** should I take?

Inform your doctor and pharmacist if you are already taking some other medicines, herbal preparations, nutritional products or vitamin supplements.

You must tell your doctor if you are allergic to any other medicines, or if you develop an allergy while taking this medicine. The symptoms of a drug allergy include one or more of the following: swollen face/eyes/lips, difficulty in breathing or widespread itchy skin rashes.

This medicine may cause blurred vision, dizziness, or drowsiness. Do not drive or operate machinery unless you are fully alert and can see clearly.

Inform your doctor if you are breast-feeding, pregnant or likely to become pregnant during the course of this treatment.

How should I **STORE** the medicine?

Store the medicine in a dry place at room temperature, away from heat and direct light. Do not refrigerate your medicines unless instructed to do so.

Keep all medication out of reach of children

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Company Registration Number. 198500843R

The information provided in this publication is meant purely for educational purposes and may not be used as a substitute for medical diagnosis or treatment. You should seek the advice of your doctor or a qualified healthcare provider before starting any treatment or if you have any questions related to your health, physical fitness or medical conditions.

Information is correct at time of printing and subject to revision without prior notice.

Discard all medication that has expired or is no longer required