



Elysia TAN Li Yan, MPsych

Senior Psychologist

Department of Psychological Medicine

Qualifications

Master of Psychology (Clinical Psychology), National University of Singapore, Singapore

Bachelors of Social Science (Honours) in Psychology, National University of Singapore, Singapore

Workgroups / Work Areas

Outpatient Adolescent Individual Therapy

Outpatient Adult Individual Therapy

Inpatient Adult/ Adolescent Individual Therapy

Interest Areas

Trauma

Anxiety Disorders

Trauma-Focused Cognitive Behavioural Therapy

Trauma Systems Therapy

Acceptance and Commitment Therapy

Dialectical Behaviour Therapy

Mindfulness-based Interventions

Joint Appointment and Professional Activities

Registered Psychologist – Singapore Register of Psychologists, Singapore Psychological Society

Full Member – Singapore Psychological Society