



**Elysia TAN Li Yan, MPsych**

Senior Clinical Psychologist  
Department of Psychological Medicine

**Qualifications**

Master of Psychology (Clinical Psychology), National University of Singapore, Singapore  
Bachelor of Social Science (Honours) in Psychology, National University of Singapore, Singapore

**Workgroups / Work Areas**

Outpatient Adolescent Individual Therapy  
Outpatient Adult Individual Therapy  
Inpatient Adult/ Adolescent Individual Therapy

**Interest Areas**

Trauma  
Anxiety Disorders  
Trauma-Focused Cognitive Behavioural Therapy  
Trauma Systems Therapy  
Acceptance and Commitment Therapy  
Dialectical Behaviour Therapy  
Mindfulness-based Interventions

**Joint Appointment and Professional Activities**

Registered Psychologist – Singapore Register of Psychologists, Singapore Psychological Society  
Full Member – Singapore Psychological Society

---